



Saturday 1st - **SIBILLINI MOUNTAINS NATIONAL PARK: ALONG THE SENTIERO DEI MIETITORI**. From Astorara of Montegalloy to Altino of Montemonaco (AP), along the historical Sentiero dei Mietitori (Harvesters' Path), among the woods at the foot of the impressive eastern slope of Monte Vettore. **Estimated time: 3 h 00' - 3 h 30' (stops excluded). Uphill drop: 150 m. Hiking difficulty: E (Hiking).**

Sunday 2nd - **SIBILLINI MOUNTAINS NATIONAL PARK: THE MONTE VETTORE**. From Forca di Presta (AP) to the top of the Lord of Sibillini. **Estimated time 3 h 00' - 3 h 30' (stops excluded), down: 2 h 00' - 2 h 30' (stops excluded). Uphill drop: 940 m. Hiking difficulty: E (Hiking).**

Saturday 8th - **SIBILLINI MOUNTAINS NATIONAL PARK: LAME ROSSE**. From the dam of Fiastra Lake to the debris pinnacles at the Fosso della Regina, warhead known as "fairy chimneys". **Estimated time: 2 h 30' - 3 h 00' (stops excluded). Gap: 300 m. Hiking difficulty: E (Hiking).**

Saturday 8th - **GRAN SASSO AND MONTI DELLA LAGA NATIONAL PARK: BOSCO DELLA MARTESE AND MORRICANA WATERFALL**. A long but rewarding walk in the freshness of the Bosco della Martese as far as the Waterfall at the feet of Pizzo di Moscio. **Estimated time: 4 h 30' - 5 h 00' (stops excluded). Uphill drop: 250 m. Hiking difficulty: E (Hiking).**

Saturday 8th/ Sunday 9th - **SIBILLINI MOUNTAINS NATIONAL PARK: NIGHTWALK ON PIANI DI RAGNOLO**. Walk on the plains above Sarnano (MC) with spectacular views of all the southern Marche, as far as the Adriatic coast, waiting for new-moon night to admire the starry sky vault and recognize its constellations. **Estimated time: 2 h 00' - 2 h 30' (stops excluded). Uphill gap: 300 m. Hiking difficulty: E (Hikers).**

Sunday 9th - **CONERO MOUNTAIN REGIONAL PARK: SOUTHERN RING**. From Fonte dell'Olio through the top of the Mount, the Southern Belvedere (view point), Mortarolo Cave and Passo del Lupo. **Estimated time: 3 h 30' - 4 h 00' (stops excluded). Uphill drop: 310m. Hiking difficulty: E (Hikers).**

Monday 10th: **TO CLIMB UP INTO THE STARS**. In collaboration with Arkéo, Cultural Association of Montegranaro (FM), evening walk along the mysterious ridge of so-called "Monti di S. Rosa" to observe the starry sky to the naked eyes in the newmoon night. **Observation time: 2 h 00'. Uphill gap: 20 m. No hiking difficulty.**

Saturday 15th - **SIBILLINI MOUNTAINS NATIONAL PARK: LAGO DI PILATO (Pilate's Lake) from Foce of Montemonaco (AP)**. In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time: 2 h 30' - 3 h 00' h (stops excluded), down: 1 h 30' - 2 h 00' (stops excluded). Uphill drop: 900 m. Hiking difficulty: E (Hikers).**

Saturday 15th - **SIBILLINI MOUNTAINS NATIONAL PARK: A RING AROUND THE LAST FOREST**. From Forca di Presta to Colle Le Cese, suspended on Tronto River High Valley, viewing the northern Monti della Laga and the Pian Piccolo (Little Plan) bottom through the beech woods that surround it. **Estimated walking time: 4 h 30' - 5 h 00' (stops excluded). Uphill drop: 510 m. Hiking difficulty: E (Hiking).**

Sunday 16th - **SIBILLINI MOUNTAINS NATIONAL PARK: INFERNACCIO and St. LEONARD'S HERMITAGE**. Pleasant walk in the wonderful beech forest upstream of the Gorge dug by River Tenna, up to the hermitage build up by Father Pietro. **Rise time: 1,30-1,45 h (stops excluded), down: 1,30-1,45 h (stops excluded). Uphill drop: 250 Gap. Hiking difficulty: E (Hiking).**

Saturday 22nd - **FERMO APENNINE: PROTECTED FLORISTIC AREA OF SMERILLO WOOD**. Walk through chestnut and hairy oak woods between Smerillo and Montefalcone Appennino (FM) until the edge of the cliff that gives amazing views from Monte Catria to Maiella. **Estimated time: 2 h 00' - 2 h 30' (stops excluded). Uphill gap: 200 m. Hiking difficulty: E (hiking).**

Saturday 22nd - **GRAN SASSO AND LAGA MOUNTAINS NATIONAL PARK: PRATA WATERFALLS**. From Umito of Acquasanta Terme (AP) searching for the amazing water games given by Laga Mountains creeks. **Estimated time: 2 h 30' - 3 h 00' (stops excluded). Uphill drop: 250 m. Hiking difficulty: EE (Experienced Hikers).**

Sunday 23rd - **SIBILLINI MOUNTAINS NATIONAL PARK: ALONG THE SENTIERO DEI MIETITORI**. From Astorara of Montegalloy to Altino of Montemonaco (AP), along the historical Sentiero dei Mietitori (Harvesters' Path), among the woods at the foot of the impressive eastern slope of Monte Vettore. **Estimated time: 3 h 00' - 3 h 30' (stops excluded). Uphill drop: 150 m. Hiking difficulty: E (Hiking).**

Sunday 23rd - **SIBILLINI MOUNTAINS NATIONAL PARK: LAME ROSSE BY NIGHT**. From the dam of Fiastra Lake to the debris pinnacles at the Fosso della Regina, warhead known as "fairy chimneys", in the pale light darkness of the fullmoon night! **Estimated time: 2 h 30' - 3 h 00' (stops excluded). Uphill drop: 300 m. Hiking difficulty: E (Hiking).**

Saturday 29th - **SENTINA REGIONAL NATURAL RESERVE**. A naturalistic walk for everyone between dunes and brackish lakes at the mouth of the River Tronto, staging and parking station for many species of birds. **Estimated time: 2 h 00' - 2 h 30' (stops excluded). Uphill drop: 10 m. Hiking difficulty: T (Touristic).**

Saturday 29th - **SIBILLINI MOUNTAINS NATIONAL PARK: AROUND MONTESPINO**. Around the hill on which the already Longobard Pievania of S'Angelo in Montespino stands, overlooking the village of Montefortino (FM), among woods, waterfalls and spectacular views of the Sibillini. **Estimated time: 3 h 30' - 4 h 00' (stops excluded). Uphill drop: 450 m. Hiking difficulty: E (Hiking).**

Sunday 30th - **SIBILLINI MOUNTAINS NATIONAL PARK: INFERNACCIO and St. LEONARD'S HERMITAGE**. Pleasant walk in the wonderful beech forest upstream of the Gorge dug by River Tenna, up to the hermitage build up by Father Pietro. **Rise time: 1,30-1,45 h (stops excluded), down: 1,30-1,45 h (stops excluded). Uphill drop: 250 Gap. Hiking difficulty: E (Hiking).**

**For bookings, rates and info on equipment and clothing needed, time and place of departure:
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- info@marcheinspalla.com
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

Note: this calendar may be changed because of adverse weather conditions.
Any possible changes and new itineraries will be promptly communicated.